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# Estonia: Tallinn, Tartu, Narva, Countryside – A Photographic Journey Of Estonian Landscapes



**Estonia: Tallinn,  
Tartu, Narva,  
countryside**



*A photographic journey  
of Estonian landscapes*



## Synopsis

“Estonia: Tallinn, Tartu, Narva, countryside” – A photographic journey of Estonian landscapes – takes you for a photographic trip to the wonderful land known as Estonia. Estonian people, a shining example of resiliency in the face of historic adversities, share their green landscapes and hearts with you. The author, Frank Ra (<http://www.amareway.org/>), lived in Estonia from 2006 to 2009. After presenting you pictures and information about Estonia, Frank shares with you his experience about how to cultivate joyful living, in Estonia and everywhere in the World. Frank is a Dharma instructor, life-coach, well-being facilitator, advaitan, being in becoming. He has been creating awareness about AmAre as an inspirational, strategical, tactical, assessment and outreach tool to facilitate living a happy, meaningful and fulfilling life.

## Book Information

File Size: 833 KB

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## Customer Reviews

This ebook is not really about Estonia. There are 1058 pages, but only 73 pages on Estonia, with 13 photographs of a very mediocre kind. The rest of the book deals with a psychological self training

method called AmAre. Would not recommend to anyone interested in Estonia and photography. Perhaps a better recommendation would be for people interested in AmAre method! Extremely misleading cover

There are some great images of the Tallinn, Tartu, and Narva countrysides in the book. After a brief introduction about Estonia, the culture, separation from the USSR, and food, Mr. Ar describes the 3 cities and then allows pictures to tell a story. Images of Tallin's Old Town, Tartu's University presence, and Narva's Russian influence are all nicely documented. The rural culture of Estonia, and history of the castles are nicely done. Anyone with Prime should be sure to check out the book.

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